

Lisa O'Neill

Charismatic & engaging, Lisa is a well-known keynote speaker to audiences in New Zealand and Australia. Lisa is an expert in personal leadership. She is obsessed with people living the lives they want to live – to be magnificent in their chosen life domain, honouring themselves by being more of themselves.

Bringing new insights and ideas, Lisa has created dramatic shifts in the lives of many people. With a background in fashion retail, marketing and branding - Lisa has been empowering people her whole life. A mother of 4- Lisa is the queen of juggling, a high energy multitasker who has the rare ability to inspire people to take action.

With more than 10 years as a keynote speaker, Lisa speaks of the importance of energy, excellence and enthusiasm, the myth of work-life balance and how to live a magnificent life.

Lisa is the author of three books, 'Look Gorgeous Be Happy' (2013) 'Juggling in High Heels' (2016), 'The Lickable Third' (2018).

She believes that we all want to be happy, to have energy and to live fully expressed lives - but so few know how. How to have, be and do everything you want while you are alive. Lisa's keynote presentations are guaranteed to leave you feeling motivated, inspired and full of energy.