

## Emma Halmos

Dr Emma Halmos is an Accredited Practising Dietitian with extensive clinical and research experience in the field of gastroenterology that has had an impact both in academia and the community. Emma completed a PhD with Monash University conducting the pivotal study investigating the role of a low FODMAP diet in managing symptoms in patients with irritable bowel syndrome and Crohn's disease and the effects of FODMAPs on gut microbiota. Emma's work is well recognised and has been published in reputable international medical journals, including being featured on the cover the world's premier journal in gastroenterology, for which she



was awarded the Ken Heaton prize for most cited paper. Emma has presented her work at several international conferences and was awarded the Douglas Piper Young Investigator Award by Australia's gastroenterological society. Emma recently completed a post-doctoral project at the Walter and Eliza Hall Institute of Medical Research investigating treatment and management of coeliac disease and has returned to Monash University at The Alfred to investigate the role of dietary emulsifiers in Crohn's disease. Alongside Emma's research work, she has consulted patients with gastrointestinal conditions to keep her knowledge relevant and provide current evidence-based dietary therapy to her patients.